

Michigan Alcoholism Screening Test

Name _____

Directions: Check Yes or No as it applies to you. Please answer all questions

	Yes	No
1. Do you feel you are a normal drinker?		
2. Have you ever awakened in the morning after some drinking the night before and found that you could not remember a part of that evening?		
3. Does your spouse (or parents) ever worry about your drinking?		
4. Can you stop drinking without a struggle after one or two drinks?		
5. Do you ever feel guilty about your drinking?		
6. Do friends and relatives think you are a normal drinker?		
7. Do you ever try to limit your drinking to certain times of the day or certain places?		
8. Are you always able to stop drinking whenever you want to?		
9. Have you ever attended a meeting of Alcoholics Anonymous?		
10. Have you ever gotten into a fight while drinking?		
11. Has drinking ever created problems with you or your spouse (parents)?		
12. Has your spouse (or relatives) ever gone to anyone for help about your drinking?		
13. Have you lost friends, girlfriends, or boyfriends because of your drinking?		
14. Have you ever gotten in trouble at work because of your drinking?		
15. Have you ever lost your job because of your drinking?		
16. Have you ever neglected your obligations, your family or your work for two or more days in a row due to your drinking?		
17. Do you ever drink before noon?		
18. Have you ever been told you have liver trouble?		
19. Have you ever had delirium tremens (DTs), severe shaking, heard voices or seen things that were not there after drinking?		
20. Have you ever gone to anyone for help about your problem?		
21. Have you ever been in a hospital because of your drinking?		

22. Have you ever been a patient in a psychiatric hospital or on a psychiatric ward of a general hospital where drinking was part of the program?		
23. Have you ever been seen at a psychiatric or mental health clinic, or gone to a doctor, social worker or clergyman for help with an emotional problem in which drinking played a part?		
24. Have you ever been arrested, even for a few hours, because of drunk behavior?		
25. Have you ever been arrested for drunk driving or driving after drinking?		